



Objective, Big Idea & Biblical Focus:

To help participants assess and confess how the various domains of their life are going (Personal, Family, Faith, Vocation)—where they are hitting and not hitting the mark.

BIG IDEA: We need "brutiful" honesty AND a deep belief that in the end we will win. This is confession and faith.

Jeremiah 29:4-14. Confession is the first step to activating dreams.

How it Works:

Share the Stockdale Paradox Illustration.
From John Collins' book Good to Great - an interview with
Admiral John Stockdale Stockdale was highest ranking
military officer captured in Vietnam war, tortured for 20
years

Q: How did you survive? A: Never lost sight that I would survive and this would be defining life moment.

Q: Who didn't make it out? A. Optimists who believed we would be out in the short term and as holidays came and went they lost heart.

Those that survived embraced the paradoxical reality: the discipline to embrace brutal facts of current reality yet never lost sight that in the end they would win. In the Christian worldview we call this confession (declaring what is) and faith (declaration of what is not but what will be)

Walk through the Life Domains Assessment (from Tom Patterson) worksheet with participants, giving examples as you go.

Participants have 20 minutes to work through the assessment. (Show them the two example pages in the Participant Guide if they need help)

Coaching Tips:

Encourage participants to be as honest as possible in confronting the current reality of their present situation. The more honest they are now the more traction they will get later. This is not about filling in all the boxes, only the ones that are appropriate to their life and reveal what is real.











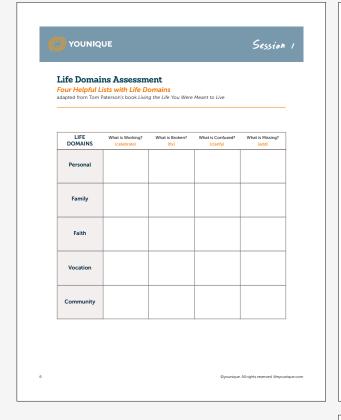


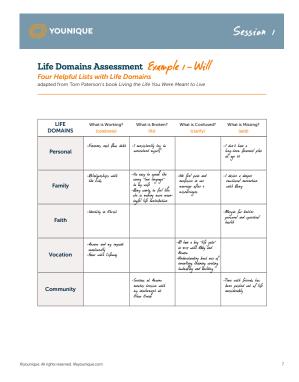


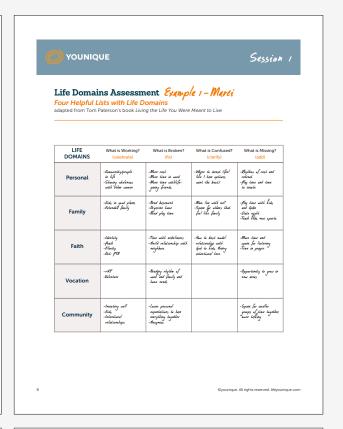


Reference:

Journey 2, pg. 6-11







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66 The art of I	iving lies
less in elim	
our trouble	
growing w	ith them. 99
– Bernard Baruc	
	Session

