

# *Run Sheet & Coaching Tips - Day 1*



**YOUNIQUE**



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*Day 1 - Run Sheet*

## **Younique Accelerator**

Date: August 20, 2018

Location: Mariners Church, 5001 Newport Coast Drive Irvine, CA 92603

Event Manager: Stef Drawdy, 770-853-7833

Team: Dave, Kelly, Will

### **Team Lunch**

Time: 11AM

Location: Life Development Building, Room 200B

### **Younique Dinner**

Time: 7PM

Location: Cafe, Mariners Church

- **Key Information:**
- Bring BOSE speaker (play music during breaks)

Time	Event	Leader	Notes
9:00	Set-up	Stefanie	Kelly & Stefanie will arrive to set up
11:00	Team Lunch	Kelly	Schedule review and run sheet distribution
12:45	Ready to Launch	Kelly	Welcome guests; gender specific tables for guests
1:00	Introductions & Overview	Kelly	The big set up
1:15	Session 1	Dave	
3:15	BREAK		
3:30	Session 2	Kelly	
4:30	Session 3	Dave	Life Drifts
5:00	Session 4	Kelly	As much as we can
6:00	BREAK		Dinner at 7



## Schedule Overview

### **Journey ONE!**

Today we will give an overview of the process and complete the Passion Circle.

### **Life Discovery Grid and Life Drifts**

Life Drifts is where people will explore their temptations. This can be very emotional for people. Listen intently and make sure that no one dominates the conversation.

Off-ramp: Sometimes people get in touch with events, memories and feelings that are painful and/or difficult. If participants are struggling or you feel like the experience is too tender, then consider the option of guiding people out of Younique and into therapy.

### **70%**

No LifePlan is ever complete or perfect. The Lord is always working in our lives. Help people move forward and not get bogged down. Help them feel really good by getting to that 70% mark of the Passion Circle.



## **Additional Details and Coaching Tips**

### **Assessments**

Encourage people to read their 3 assessment reports before they come back tomorrow. Time is not available to go deep into these assessments, so we are counting on people reading their reports in advance.

Instructions for participants include:

- Read
- Highlight key sentences
- Write down questions they have so we can answer them tomorrow. day we will give an overview of the process and complete the Passion Circle.

### **Table Facilitator Tips**

Your role is to facilitate self-discovery. Don't feel like you need to help, fix, or provide solutions. Rather, create a safe space for people to seek the Holy Spirit and wrestle. Encourage people to stay in the circle of chaos and reassure them that clarity will come.

A few questions that may be helpful during the day include:

What would happen if we did?.....

In your experience.....

Tell me about.....

What do you think about?.....



# Run Sheet & Coaching Tips - Day 2



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*Day 2 - Run Sheet*

## **Younique Accelerator**

Date: August 21, 2018

Location: Mariners Church, 5001 Newport Coast Drive Irvine, CA 92603

Event Manager: Stef Drawdy, 770-853-7833

Team: Dave, Kelly, Will

### **Key Information:**

- Leave Team House by 7:45am
- Bring BOSE speaker (play music during breaks)
- Lunch is catered by the church Cafe, and will be setup in the room by noon.

### **Day 2 Detailed Schedule**

<b>Time</b>	<b>Main Room</b>	<b>Leader</b>
8:30	2 Words Intro	Kelly
8:45	Name Teaching	Dave
9:30	Insights and Strengths	Kelly
11:00	APEST	Dave
11:30	Accomplishment and Ability 360	Dave
12:00	LUNCH	
1:00	Session 8: LifeCore Funnel	Will
2:15	Context Circle and Listening	Kelly
2:45	Two Words	Dave
3:00	BREAK	
3:15	Sweet Spot	Dave
3:30	6 Word & 12 Word	Dave
4:30	BREAK	





## Schedule Overview and Coaching Tips

### Journey ONE!

Day 2 we will finish the Passion Circle, LifeCore and LifeCall, and the Context Circle.

### LifeCore and LifeCall

Values - your role is to help "mine out values". Remember that values are the core operating system. Active listening and probing questions are the key for success in this activity.

LifeCall - your role is to help build from the "two words" to a pretty good first draft. Encourage people to not get frustrated or perfectionistic.

### 70%

LifeCore and LifeCall are celebrations at the 70% mark! 50% is also a success; help people feel a sense of accomplishment for getting their first articulation on paper.

### Celebration

Tomorrow morning we will have the LifeCore and LifeCall celebration. If you have more than 24 people, it is advised to break the group into groups of 12-18 for the celebration. This may feel intimidating or uncomfortable to some participants. Do your best to encourage them through the fear so they can reap the benefit of declaring their LifeCore and LifeCall in community.



# Run Sheet & Coaching Tips - Day 3



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*Day 3 - Run Sheet*

## **Younique Accelerator**

Date: August 22, 2018

Location: Mariners Church, 5001 Newport Coast Drive Irvine, CA 92603

Event Manager: Stef Drawdy, 770-853-7833

Team: Dave, Kelly, Will

### **Key Information:**

- Leave team house by 7:45am.
- Bring BOSE speaker (play music during breaks)
- Lunch is catered by the church Cafe, and will be setup in the room by noon.

<b>Time</b>	<b>Event</b>	<b>Leader</b>
8:30	Welcome // Overnight Thoughts	Kelly
8:45	Celebration Set-Up	Dave
9:00	Celebration	ALL
9:30	LifeScore: Storyline	Dave
10:00	Life Score Continued: Psalms	Dave
12:00	LUNCH BREAK	
1:00	Life Score Continued: Bucket	Will
2:00	Life Steps: Role	Kelly
3:00	Life Steps: Resource	Kelly
3:30	Life Steps: Replenishment	Dave
4:00	Life Steps: Rhythms	Dave
4:30	Close	





## Schedule Overview and Coaching Tips

### Journey TWO!

Today we move on to Journey Two. Help people confidently make the turn from identity of self to expression of self in action.

### Domains to Storylines

The biggest leap today is from taking inventory of domains to creating individual storylines. This is a creative leap that is designed to make the LifePlan personal.

There is no right or wrong way to articulate domains into Storylines. Do try to help people make sure they are at least representing their spiritual and family spaces.

Vocation is important. For individuals who don't work outside of the home, help them see their investment in family and gift of volunteer service as vocation.

For those who are struggling in their current job or career, help them be patient for Thursday which is when we will visit the vocational discernment tools. .



# Run Sheet & Coaching Tips - Day 4



**YOUNIQUE**



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*Day 4 - Run Sheet*

## **Younique Accelerator**

Date: August 23, 2018

Location: Mariners Church, 5001 Newport Coast Drive Irvine, CA 92603

Event Manager: Stef Drawdy, 770-853-7833

Team: Dave, Kelly, Will

### **Team Depart Schedule**

Kelly, Stef, Dave - fly out Friday early morning

#### **Key Information:**

- Bring BOSE speaker (play music during 'graduation').
- Leave team house by 7:45am (with bags packed, house clean)
- Lunch is on your own

<b>Time</b>	<b>Main Room</b>	<b>Leader</b>
8:30	Welcome // Overnight Thoughts	Kelly
8:45	Beyond-the-Horizon Storyline Intro	Will
9:30	Horizon Storyline	Dave
11:00	“	Dave
11:30	“	Dave
12:00	Church Install Overview; 90-Day Launch	Dave
12:45	Chocolate Gold Medal & T-Shirt celebration	Dave





## Schedule Overview and Coaching Tips

### **Journey TWO!**

#### Beyond-the-Horizon Storyline

Vision is the focus of today - helping participants to declare where God is calling them to go.

The 3 year goal should be both aspirational and doable. Help people state it in a few sentences that include an image.

The 1 year Background Horizon should be 4 ideas that are strategic in nature. A short phrase with two or three explanatory sentences.

The Midground Horizon is a single, 90-Day goal that is inspirational and provides focus.

Finally, the Foreground Horizon are 4 action steps, one for each Storyline. Guide people in all areas, focusing on helping them declare a 90-Day goal that will propel them forward from the Accelerator.

